

DISC ONE

TOTAL TIME: 75:03

1. WAH WAH ME (10:15)
2. NORMA'S HOUSE (5:45)
3. TAKE A CHANCE > (10:01)
4. AUSNACIOUS (6:50)
5. HERE BUT I'M GONE (9:06)
6. PBS (FUNK THE BEST) (9:49)
7. ALL WE WANNA DO (8:27)
8. HEY HEY HEY (GET ON DOWN) (6:26)
9. GRITS N HURRICANES (8:22)

DISC TWO

TOTAL TIME: 77:38

1. TIPPI TOES > (3:09)
2. CHARLOTTE JAM #1 > (2:52)
3. MESSAGE FROM PBS (8:10)
4. LIKE A ROLLING STONE (7:51)
5. COMIN' AT YA (9:43)
6. I BELIEVE (5:22)
7. ALL I DO EVERYDAY (10:40)
8. OUT IN THE COUNTRY (8:37)
9. GOOD OLD FUNKY MUSIC > (6:06)
10. CHARLOTTE JAM #2 (5:48)
11. CISSY PICKUP > (2:34)
12. CISSY GOT THE BLUES (6:40)